



## Living Clear

An evening of meditation,  
discussion and healing.

With Ian Haycroft

Thursday Evenings

16th July to 30th September

(one week break on 30th June)

at the Cooroy Anglican Church  
Hall on the corner of Miva St and  
Tewantin-Cooroy Rd in Cooroy

7 pm – 9pm

Donation at the door

Ian Haycroft is a kinesiologist and founder of the Clearmind Technique. Join him to tap into your inner wisdom and learn to live a clear, healthy life. We each already have the capacity within to know what is true, to understand how to heal and to see the best way forward.

These evening meetings will follow a simple format. We will begin with a short guided meditation, Ian will speak for a short time about an aspect of living clear. Using the Clearmind Techniques, Ian will work with one or more person in the group on the issues discussed. This process will be non-threatening and will open the door for everyone present to clear away obstacles they may have in relation to areas of their life. We will then end with a short meditation, and for those who would like to stay and chat, a cuppa.

Ian will share with all present the approach he uses with his clients at his Clearmind Clinic in Noosaville. "All my experience confirms that the wisdom within is the healer...we just need to practise tapping into that wisdom".



For more information about the Clearmind method go to [www.theclearmindway.com](http://www.theclearmindway.com) or to make an appointment for an individual session with Ian call 5440 5711.

Bookings are not necessary and entrance is by donation.