

The Heart Codes™ Workshop

Open Heart - Clear Mind

With Ian Haycroft

Booking Information

The Heart Codes™

Saturday 5 May

Deciphering the Heart Codes™ - Tools for Daily Living

Sunday 6 May

9.00 am to 5.00 pm each day.

\$150 per day including morning tea, lunch, afternoon tea, workbook and a guided imaging cd created by Ian.

Book for both days in advance and pay only \$275!

Note: To attend the second day you must have completed the first day, either the day before or on another occasion. To book call Kim on 5440 5711

Payment by credit card, cheque or cash

Dress comfortably. If you would like a dip in the pool that overlooks the hills at lunch break or after the workshop please feel free to bring your swimming costume.

Venue

The two days will be held in a magical location in the hills of the Sunshine Coast Hinterland at Cooroy at Cudgerie Homestead B & B and conference centre which is owned and run by Steve and Veronica Hall. Veronica loves to cook, and the workshop cost will include morning tea, lunch and afternoon tea. (Please let us know when you book if you have any special dietary requirements).

For those of you who may be travelling we have obtained a special discounted stay-over rate of \$60 per night for a single or \$100 double, which includes a light breakfast. The rooms in this B&B are beautiful and the atmosphere absolutely relaxing. The B&B has a pool so don't forget to bring your swimming costume along also.

Cudgerie Homestead B&B
42 Cudgerie Drive Cooroy

Our desire to love and to be loved is the prime motivational force of our life, it is the language of our heart. This prime mover of our life influences everything we do. If you think finding the code to release the power of your heart only has to do with private things and touchy feeling things, think again. The heart moves in everything we do. It determines our balance and well-being in the following key areas of our life:

Spiritual Mental Physical Vocational

Financial Familial Social

If you can find the way to decode the messages from the heart that come to you every minute of the day, you have found the power to transform your life and to transform the world.

I have developed a unique workshop experience in a one day format, followed by a second day to explore further these amazing principles of the Heart Code™.

Day One - The Heart Codes™

This first day is a complete experience in itself. In this day you will receive key information to decipher your heart codes™ and tools and experience you can take home with you and use to liberate the power within to transform your life. We will explore together:

- How we can go to the place within you might call, HOME (Heart, Order, Mind & Energy). This is available to all of us and we can connect to that part of us that animates our very life
- How emotions are the messengers of the heart codes, and how you can use them to understand the lessons of your life.
- How the present is the only moment you can "see" the codes and integrate your life, and how you can stay in the empowering present every day.
- Methods to clear away any blockages to the free flow of your heart and how that not only transforms your inner life, but every part of your life.
- Key information on how to live with an open heart and a clear mind. These will change how you live from that day on.

Day Two: Deciphering the Heart Codes™- Tools For Daily Living

If you choose to also participate in the second day, we will explore more deeply the methods I use in my clinic to find and understand the heart codes™. Discover with me:

- That you too can learn these simple, powerful tools to clear away the blockages that prevent us listening to our hearts and empowering our lives.
- How to muscle test, and to use that as a support for your amazing intuition.
- How you can help others and yourself to "see" their heart codes and let the true nature of your heart empower your life.
- Some simple, powerful and usable methods to clear subconscious blocks in our lives and live in the present.
- How to discover the limiting beliefs we have taken on in our lives, and then how to change those beliefs.